

Tom Schimmer Presentation

Present: Carrie Malmgren, Roberta Skiftun, Kyla LeBlanc (SCC Executive); Jill Gendall (staff rep)

**Tom spoke on what is currently happening in the NESD regarding PBIS, the research behind it, and how parents can support this at home.**

Guiding Principles

- Behaviour is predictable
- Behaviour can be learned, and therefore taught
  - Precorrection- correcting behavior before it happens
- School-wide interventions are for all students, all staff, and all settings (anchored on inclusion)
  - \*Time-out only works if the time-in situation is desirable... otherwise you're only reinforcing negative behavior
- Students with chronic problem behaviours require more intense interventions and support (<20% of students)
- Schools that are positive, predictable, preventive and effective:
  - Are happier, safer, and more caring
  - Learning is maximized
  - Are achievable and sustainable

\*This can change the way your kids feel about going to school!

Suggestions for parents:

- Teach your child that they're allowed to have feelings; teach them to deal with their feelings in a more positive, prosocial way → getting tough isn't effective
- Teach what's expected; reinforce positive behaviours; ...it's that simple!
- One of the most effective things a teacher/ parent can do is give descriptive feedback → adults need to be regular and predictable with their feedback for on-task or prosocial behavior

*Mr. Schimmer was well-received by our SCC members. His principles were discussed on the way home, and the need for us as parents to be more regular with reinforcing our children's positive behavior at home. It was expressed the need for many more parents to hear this message, and the desire for other Maude Burke families to hear Tom speak.*