

Maude Burke SCC Meeting-Nov 6th 7:30pm-9pm

MINUTES

Chairperson	Erin Wiseman
Vice Chair	Jill Gendall
Secretary	Lisa Brady
Treasurer	Carey Nicholson
Member at Large	Candace Kaminski
School Staff:	R. Steciuk, T. Kadachuk, B. Moskal

1. Informational	<p>-Meeting was held at MUCC Cafeteria, sponsored by Sask Health, organized by a group consisting of the former Kelsey Trail Health.</p> <p>-As a parent engagement and learning opportunity the MBSCC sponsored 30 spots, 16 were spoken for, and 9 attended, for a cost of \$90</p> <p>-Thank you to all who were able to attend!</p>
2. Resources	<p><i>The following websites of interest were shared:</i></p> <p>https://www.healthychildren.org/English/media/Pages/default.aspx - Online Family Media Plan template</p> <p>http://www.push2play.ca/ - Encourage families to live a healthier lifestyle through active play every day</p> <p>http://buildyourbestday.participaction.com – 24 Hour Movement Guidelines for Children and Youth (Sweat, Step, Sleep, Sit)</p>

